Thompsons Food Service Ltd. **Nelsons Yard** South Denes Road Great Yarmouth Norfolk NR30 3PR



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Triple Lion Plain Medium Cous Cous - Information

Dried medium couscous made from Durum Wheat Semolina

TFS Product Code: 025198 **Suppliers Product Code: 190312**

Information Last Updated: 19/05/2023 **Date Produced:** 03/04/2025



Allergy Information

Key: Contains







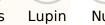








Eggs



Nuts













Milk

Fish

Celery Sulphur Dioxide

Soya

Cereal Peanuts

Nutritional Information

100g or 100ml Serving Unit:

Energy (kcal) 343.00 1454.00 Energy (kJ) Protein (g) 13.30 71.20 Carb (q)

Of Which Sugars (g) 1.00 Fat (g) 2.50

Of Which Saturates

1.10 (g) Fibre (a) 4.50

Salt (g) 0.00



Molluscs Mustard

Key: Suitable for









Kosher Vegetarian Halal

Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

DURUM WHEAT SEMOLINA

Handling Information

Directions for Use

. n/a

Storage Instructions

Keep in a cool dry place, protect from direct sunlight.

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