Thompsons Food Service Ltd. Nelsons Yard South Denes Road Great Yarmouth Norfolk NR30 3PR



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### Cooks & Co Brown Lentils Canned - Information

Lentils in water.

TFS Product Code: 028813 Suppliers Product Code: Information Last Updated: 14/02/2024 Date Produced: 23/12/2024



# Allergy Information



## **Nutritional Information**

Serving Unit:	100g or 100ml
Energy (kcal)	101.00
Energy (kJ)	424.00
Protein (g)	7.10
Carb (g)	14.00
Of Which Sugars (g)	0.50
Fat (g)	0.50
<b>Of Which Saturates</b>	
(g)	0.10
Fibre (g)	5.80
Salt (g)	0.05



**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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### Ingredients

Brown lentils, Water, Antioxidant (Ascorbic Acid).

## **Handling Information**

#### **Directions for Use**

Ready to eat

#### **Storage Instructions**

Store in a cool dry place. Once opened, transfer to a non-metallic container, keep refrigerated and consume within 3 days.

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