

## Princes Stewed Beef Steak Ready Made Tinned - Information

Stewed Steak in a Rich Meaty Sauce

**TFS Product Code:** 024658  
**Suppliers Product Code:** 401545  
**Information Last Updated:** 16/02/2023  
**Date Produced:** 03/01/2025



### Allergy Information

Key: **Contains** **May Contain**



### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	117.00
Energy (kJ)	492.00
Protein (g)	14.50
Carb (g)	4.40
Of Which Sugars (g)	0.50
Fat (g)	4.50
Of Which Saturates (g)	2.10
Fibre (g)	0.50
Salt (g)	0.60

### Dietary Information

Key: **Suitable for**



**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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## Ingredients

Diced Beef (65%), Beef Stock (Water, Beef Extract, Yeast Extract, Chicory Fibre, Salt, Sugar, Cornflour, Onion Concentrate, Black Pepper), Modified Maize Starch, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Cornflour, Tomato Paste, Salt, Ground Black Pepper, Ground Bay Leaf.

## Handling Information

### Directions for Use

A SIMPLE IDEA Serve topped with mash potato and bake in a medium heat oven until golden brown. Perfect! HOB: Time to eat? If you're using the hob empty the can into a small pan. Heat gently for about 4 mins, giving it a stir every minute or so. Carefully pour and eat up. MICROWAVE: If you're microwaving, empty the can into a microwavable container and cover, pop in the microwave for 4 mins (750 watt - high) stirring halfway through. Leave for 2 mins, take off the cover carefully and stir before eating.

### Storage Instructions

Store in a cool, dry place. Anything left? Pop it in a sealed non-metallic container in the fridge. Enjoy within 2 days.

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